

North Star Figure Skating Club

Big Sister-Little Sister

Pre-Shining Stars - Shining Stars - Basic Skills Members - US Members

At North Star, we understand that the transitions between skating programs can be confusing and intimidating for both, parents and skaters, so we are going to help make it easier!

Our Big Sister-Little Sister Program is for parents and skaters of all ages!

This program is designed to help skaters understand figure skating a little more and make a comfortable transition from one skating step to the next.

Parents are encouraged to help their skaters take part in the Big Sister-Little Sister Program and can also gain lots of skating knowledge from the experience!

Skaters Freeskate 4 and up and/or 12 and older can become big sisters to help mentor younger skaters.

Any skater may become a little sister and learn from the experiences of the big sister.

Big Sisters and Little Sisters will have an opportunity to get together and socialize on Saturday December 3rd from 12-2pm. Skaters will get to know their sister while participating in public skating followed by a meet and greet in the conference room.

Here are a few examples of what a Big Sister and/ or Little Sister can do:

1. Provide support for your sister whether they are Big or Little
2. Feel free to ask your sister for help if you need it
3. Explain to them your experience of graduating from level to level
4. Help them feel comfortable on the ice and in the figure skating atmosphere
5. Introduce them to other skaters
6. Explain to them differences between testing and competing
7. Help make skating more fun for them and LESS stressful!
8. Tell them what you love about being a figure skater!

If you are interested in signing up, please fill out the attached application and return it to the North Star Figure Skating Club office

If you have any questions please contact Danielle at NorthStarDDavid@aol.com or (508)-366-1562 X238