

# North Star Figure Skating Club

15 Bridle Lane Westborough, MA 01581  
(508)366-1562 ext. 221

## Summer Skate '18

July 9, 2018 - August 24, 2018

NorthStar Ice Sports

WESTBOROUGH

Mondays - Tuesdays - Wednesdays - Thursdays

## SKATING CLINIC Basic 5-Preliminary

*Rink C Office Hours*

*Monday 7:45 am - 6:00 pm*

*Tuesdays and Thursdays 7:45 - 4:00 pm*

*Wednesdays 7:45 - 7:15 pm*

**North Star FSC will be closed June 28 - July 4**

One chaperone will be designated to the group to make sure they are following their schedule, getting skates on properly and looking out for the safety of all the skaters.

checklist:

Skates!

Proper skating clothes

off-ice clothing and sneakers

extra gloves

water

lunch and snacks

**Mail this form May 15 - June 10**

**\$10 more per day if after June 10**

Updated 5/9/18

[E-Mail address: nfsctestchair@aol.com](mailto:nfsctestchair@aol.com)

[Website: www.northstarfsc.com](http://www.northstarfsc.com)

## NON- HOME AND GUEST CLUB MEMBERS WELCOME!!!

### B5-Preliminary

Skaters must be able to tie their own skates

**Monday-Thursday Clinic officially starts 8:45-9:00 (drop off after 8:30) and ends at 4:30 pm Mon/Wed and ends at 3:30 pm Tue/Thur.**

**If parents need to drop off earlier or pick up later, skaters need to choose Extended Day (drop off 7:50-8:10 and pick up Monday and Wednesday 5:00-5:30)**

Private lessons are not included in the price of the clinic and are paid directly to the coach

## North Star FSC Summer 2018 Clinic Schedule

MON	TUE	WED	THU
EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice
9:05 – 9:30 On ice practice	8:45 – 9:30 On ice practice	9:05 – 9:30 On ice practice	8:45 – 9:30 On ice practice
9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice
10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class
10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom
11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice
12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class
12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice
1:00 – 1:40 Lunch	1:00 – 1:40 Lunch	1:00 – 1:40 Lunch	1:00 – 1:40 Lunch
1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class
2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp
3:30-4:30 On Ice Practice	3:30 – 4:00 PICK UP	3:30-4:30 On Ice Practice	3:30 – 4:00 PICK UP
4:30 – 5:00 PICK UP	<b><u>OFFICE CLOSES</u></b> <b><u>AT 4:00 PM</u></b>	4:30 – 5:00 PICK UP	<b><u>OFFICE CLOSES</u></b> <b><u>AT 4:00 PM</u></b>
EXTENDED DAY 4:30 – 5:30 PICK UP		EXTENDED DAY 4:30 – 5:30 PICK UP	
<i>*Daily Rate if booked by 6/10: \$90.00</i>	<i>*Daily Rate if booked by 6/10: \$80.00</i>	<i>*Daily Rate if booked by 6/10: \$90.00</i>	<i>*Daily Rate if booked by 6/10: \$80.00</i>
<i>*Extended rate booked by 6/10: \$100.00</i>	<i>*Extended rate booked by 6/10: \$90.00</i>	<i>*Extended rate booked by 6/10: \$100.00</i>	<i>*Extended rate booked by 6/10: \$90.00</i>

\*Look later in application for discounts for doing full weeks or many days.

**Minimum 1 private lesson (more recommended) each day must be scheduled during practice time. Cost of private lesson not included in clinic cost.**

# NSFSC 2018 Clinic Registration

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ M/F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

E-mail address\*\* \_\_\_\_\_

Name of Medical Insurance Carrier \_\_\_\_\_

Policy Group Number \_\_\_\_\_ Subscriber \_\_\_\_\_

Physician's Address \_\_\_\_\_ Physicians Phone # \_\_\_\_\_

Please list any medical conditions \_\_\_\_\_

Please list any food allergies or medications your skater has with them \_\_\_\_\_

\*\* Required Field- North Star FSC regularly communicates through e-mail. Required to receive updates, cancellations etc.

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Home Club: \_\_\_\_\_ USFS#: \_\_\_\_\_

Primary Coach: \_\_\_\_\_

Last Test Passed: Freestyle: \_\_\_\_\_ Moves: \_ \_\_\_\_\_

Tuition & Payments: Please circle or highlight days or weeks skating (see next page)

Deposit Due \_\_\_\_\_ Amount Paid \_\_\_\_\_ Credit/Cash/Check # \_\_\_\_\_

**Coach's Signature :** \_\_\_\_\_

# NSFSC 2018 Clinic Registration

Name: \_\_\_\_\_

Circle:                      Full Day                      Extended Day

Please circle dates or weeks you wish to contract ice:

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Mondays</b>	7/9	7/16	7/23	7/30	8/6	8/13	8/20
<b>Tuesdays</b>	7/10	7/17	7/24	7/31	8/7	8/14	8/21
<b>Wednesdays</b>	7/11	7/18	7/25	8/1	8/8	8/15	8/22
<b>Thursdays</b>	7/12	7/19	7/26	8/2	8/9	***	8/23

**Add \$10 per day if booked after 6/10/18**

Weekly tuition	Full Day (Add \$25 after 6/10)	Extended Day (Add \$25 after 6/10)
*2 Weeks (may not be broken into days)	\$575.00	\$645.00
3 Weeks (may not be broken into days)	\$784.00	\$889.00
4 Weeks (may not be broken into days)	\$1005.00	\$1145.00
5 Weeks (may not be broken into days)	\$1219.00	\$1424.00
6 Weeks (may not be broken into days)	\$1413.00	\$1623.00
7 Weeks (may not be broken into days)	\$1543.00	\$1758.00

\*Daily rate applies if skating less than 2 full weeks (may not be broken into weeks)

\*\*If skating more than 15 days you may discount the following if you are paying by day (discount already applied if booking by week)

15-19 days – 5%

20-25 days – 10%

25 or more days- 15%

\*\*Sibling discount- take 5% off the second skater

\*\*\*If skating week 6 take \$80 off the weekly rate

**Total Contracted \$** \_\_\_\_\_

**Discount (if applicable) \$** \_\_\_\_\_

**Total Owed \$** \_\_\_\_\_

**Less 50% deposit (due with this form)** \_\_\_\_\_

**Credit/Cash/check #** \_\_\_\_\_

**Balance due 1<sup>st</sup> day of Summer Skate \$** \_\_\_\_\_

**Forms will be accepted May 15 – June 10**

**Package will not be accepted without active USFSA Membership and signed Release of Liability**