

North Star Figure Skating Club

P. O. Box 856 Northborough, MA 01532
(508)366-1562 X 226

Website: Northstarfsc.com
E-mail: northstardawn@aol.com

Skater Guest Information Club Policies July 1, 2011 - June 30, 2012

Welcome to the North Star Figure Skating Club! In an effort to ensure that all members are aware of the policies and procedures here at NSFSC, we have prepared this "Guest Information" which we hope you find helpful. Happy Skating!

Guest Policy

A Skater from another USFSA Club with a valid membership card may do unlimited walk-ons on North Star Figure Skating Club ice at a rate of \$3.00 higher per session than that of a home club walk-on rate. A guest may **not** pre-book ice. A waiver is required and must be signed prior to skating on North Star Figure Skating Club ice. **Please see our ice monitor prior to skating.**

Skating on our ice

Skaters must 1st check in with the **ice monitor** prior to skating. Skaters must exit the ice immediately when the whistle blows.

Please use your cell phone for exact time as many rink clocks are off by a minute or two.

Walk-on" Policies

A "Walk-on" Skater shall be defined as any Member whose name does NOT appear on the list for the session on which the Skater wishes to skate. "Walk-ons" will be granted on a first-come, first-serve basis. If a session is full, Skater must wait 10 minutes before entering ice. Space **cannot be reserved** nor can assigned skaters swap sessions. All "Walk-on" Skaters **MUST** come to the rink in person and check with the office. All walk-ons must be paid **prior** to skating or an additional \$2.00 will be added to the walk-on.

Assigned Skaters (those names appear on the session list -- also known as "contracted ice" skaters) have precedence over walk-ons in ALL ways.

Freestyle Descriptions/Policies

Since the safety of our skaters is a primary concern, the right is reserved by the Club to designate a freestyle session a skating level requirement if the majority of the skaters are of a level that could jeopardize the safety of the beginning level skater. If a North Star Home Club Pro or a member of our Figure Skating Advisory Committee observes a skater that obviously does not have the speed and level of maneuvers that may put that skater or other skaters at risk, it is their responsibility to bring this first to the attention of the Skater's Professional, second, to the Skating Director, and third to the Figure Skating Advisory Committee to discuss. If this should occur, and it is necessary to switch a skater to another session, there will be no additional charges for the switch.

Freestyle: No moves allowed.

Open: Moves/Freestyle/Dance (Basic 6 and up)

*** Session: Basic 4- Competitive Test Track Preliminary/Well Balanced Pre-Preliminary. No adults. Pre-Preliminary through Pre-Juvenile Moves in the Field allowed. The ice may be shared with a basic skills class.

1. There will be 'No Admittance' to the ice for freestyle until the moves sessions are over. Skaters must leave the ice as soon as whistle blows and wait for the whistle prior to session
2. A Skater doing his/her program has the right-of-way; however, collisions should be avoided at all costs. It is very important that all skaters are aware of who is skating their program in order to give that skater right-of-way (this rule is for the safety of ALL skaters)
3. Spins must be taught and practiced between the blue lines.
4. Skaters MUST keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
5. Congregating at the boards, on the ice or sitting on the rink barriers is NOT permitted.
6. Skaters are NOT allowed to have refreshments on the ice other than unbreakable sealed water bottles.
7. Cell phones, ipods, etc. are not permitted on the ice.
8. Proper skating attire. No jeans please.

12. Moves-in-the-Field Policies

Moves are for full US Figure Skating members. No music is permitted.

NOT PERMITTED on Moves Sessions: The skating of jumps and spins

North Star Figure Skating Club

Guest Registration

Name: _____ Phone #: _____

Address: _____

**E-mail Address: _____

Home Club: _____

USFS # _____

Current Coach: _____

Current Coach's Signature (to verify level) _____

Last Freestyle Test Passed: _____

Last Moves in the Field Test Passed: _____

**Email addresses: IMPORTANT please print clearly, we use these to send updates, cancellation, etc.
NOTE: if your email address is illegible we will not be able to send email, therefore you will be responsible for any updates or cancellations.

(Must sign Assumption and Acknowledgment of Risk & Release of Liability Agreement on back)

North Star Figure Skating Club
ASSUMPTION AND ACKNOWLEDGEMENT OF RISKS
AND
RELEASE OF LIABILITY AGREEMENT

I, the undersigned, acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will bring such to the attention of the nearest official immediately, and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HERELY RELEASE, INDEMNIFY, AND HOLD HARMLESS **North Star Figure Skating Club, NorthStar Youth Forum, Northborough Youth Hockey Program, Inc, the Town of Westborough** their officers, officials, agents and/or employees, other participants sponsoring agencies, sponsors, advertisers and if applicable owners and lessors of the premises used to conduct the event (Releasees), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT

X_____ Age:_____ Date Signed:_____
Student's Signature (if over 18)

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, **do** consent and agree to his/her release as provided above of all Releasees, and for myself, my heirs, assigns, and nest of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Skater's name: (please print)_____

X_____ _____
Parent/Guardian's Signature Emergency Telephone Number(s)

Effective from date signed_____ to June 30, 2012