

North Star Figure Skating Club

P. O. Box 856 Northborough, MA 01532
(508)366-1562 X 221

Website: Northstarfsc.com

E-mail: djd81@comcast.net

Professional Guest Information Club Policies July 1, 2011 - June 30, 2012 Revised 9/27/11

Welcome to the North Star Figure Skating Club! In an effort to ensure that all members are aware of the policies and procedures here at NSFSC, we have prepared this "Professional Guest Information" which we hope you find helpful.

Guest Policy Required:

A Coach from another US Figure Skating Club with a **valid membership card** may coach on North Star Figure Skating Club ice. They must **provide a copy of their Liability Insurance stating Northborough Youth Hockey Program, Inc and the Town of Westborough as additionally insured.** Prior to coaching on North Star FSC ice the coach must fill out the guest professional registration and waiver included in this packet and give it to the ice monitor or email it to djd81@comcast.net. A guest coach may teach on North Star FSC ice 3 days after which they shall:

- a) pay \$5.00 per day until a total of \$200 is received
- or b) obtain a North Star Figure Skating Club non-home club Professional membership

Skating on our ice

Please inform your skaters that they **must 1st check in with the ice monitor** prior to skating. Skaters must exit the ice immediately when second whistle blows.

Please use your cell phone for exact time as many rink clocks are off by a minute or two.

Walk-on" Policies

A "Walk-on" Skater shall be defined as any Member whose name does NOT appear on the list for the session on which the Skater wishes to skate. "Walk-ons" will be granted on a first-come, first-serve basis. If a session is full, Skater must wait 10 minutes before entering ice. Space **cannot be reserved** nor can assigned skaters swap sessions. All "Walk-on" Skaters **MUST** come to the rink in person and check with the office. The fee for a Walk-on is \$3.00 higher than the pre-paid (contracted) rate for non-home club members. All walk-ons must be paid **prior** to skating or an additional \$2.00 will be added to the walk-on..

Assigned Skaters (those names appear on the session list -- also known as "contracted ice" skaters) have precedence over walk-ons in ALL ways.

Freestyle Descriptions/Policies

Since the safety of our skaters is a primary concern, the right is reserved by the Club to designate a freestyle session a skating level requirement if the majority of the skaters are of a level that could jeopardize the safety of the beginning level skater. If a North Star Home Club Pro or a member of our Figure Skating Advisory Committee observes a skater that obviously does not have the speed and level of maneuvers that may put that skater or other skaters at risk, it is their responsibility to bring this first to the attention of the Skater's Professional, second, to the Skating Director, and third to the Figure Skating Advisory Committee to discuss. If this should occur, and it is necessary to switch a skater to another session, there will be no additional charges for the switch.

Freestyle: No moves allowed.

Open: Moves/Freestyle/Dance (Basic 6 and up)

*** Session: Basic 4- Competitive Test Track Preliminary/Well Balanced Pre-Preliminary. No adults. Pre-Preliminary through Pre-Juvenile Moves in the Field allowed. The ice may be shared with a basic skills class.

1. There will be 'No Admittance' to the ice for freestyle until the moves sessions are over. Skaters must leave the ice as soon as whistle blows and wait for the whistle prior to session
2. A Skater doing his/her program has the right-of-way; however, collisions should be avoided at all costs. It is very important that all skaters are aware of who is skating their program in order to give that skater right-of-way (this rule is for the safety of ALL skaters)
3. Spins must be taught and practiced between the blue lines.
4. Skaters MUST keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
5. Congregating at the boards, on the ice or sitting on the rink barriers is NOT permitted.
6. Skaters are NOT allowed to have refreshments on the ice other than unbreakable sealed water bottles.
7. Cell phones, ipods, etc. are not permitted on the ice.
8. Proper skating attire. No jeans please.

12. Moves-in-the-Field Policies

Moves are for full US Figure Skating members. No music is permitted.

NOT PERMITTED on Moves Sessions: The skating of jumps and spins

Please fill out attached

GUEST PROFESSIONAL REGISTRATION 2011-2012

Name_____DOB_____

Address_____City_____State_____Zip Code_____

USFS#_____PSA #_____

**E-mail address_____

please print clearly

Daytime telephone number _____ Cell phone number _____

Home Club_____# of years_____

Disciplines you are qualified to teach_____

CER rating_____

E-mail addresses: **IMPORTANT please print clearly, we use these to send confirmation, updates, etc.
NOTE: if you e-mail address is illegible we will not be able to send you important updates and will not be responsible for missed or cancelled ice.

Thank you for your interest in the North Star Figure Skating Club. Please read, complete this Registration Agreement and return it to the Club Office.

This registration is a requirement if you will be coaching at the North Star Figure Skating Club facilities, and must be received prior to starting date of skating.

Please familiarize yourself with the Ice rules and North Star Figure Skating Club that may be viewed in our club office. If you have questions, refer them to the office staff or any of our staff professionals. We will be happy to assist you.

As a guest of North Star FSC, and in lieu of professional membership fee you must check in with the monitor (or upstairs in the Office) and pay the appropriate professional non-member walk-on fee for each day which you are teaching. Prior to using the facility, you must provide a copy of your USFS coaches registration card or proof of membership in an ISU member federation. Also, please be sure to provide North Star FSC with a copy of your current certificate of insurance naming Northborough Youth Hockey Program, Inc. and the Town of Westborough as an additional insured. Failure to do so will result in suspension of privileges.

Signature_____Date_____

(Must sign Assumption and Acknowledgment of Risk & Release of Liability Agreement on back)

ASSUMPTION AND ACKNOWLEDGEMENT OF RISKS
AND
RELEASE OF LIABILITY FOR PROFESSIONAL COACHES

The undersigned, acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
2. I KNOWINGLY AND FEELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will bring such to the attention of the nearest official immediately, and
4. I for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS, **North Star Figure Skating Club, NorthStar Youth Forum, Northborough Youth Hockey Program, Inc., Commonwealth of MA and Facility Management Corp. the Town of Westborough,** their officers, officials, agents and/or employees, other participants sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Professional Coach (please print name)

Professional Coach (signature)

Date